

# PRAYER — IN THE

SPIRIT/SUPPLICATION/INTERCESSION/THANKSGIVING/MORE

*THE LORD'S PRAYERS – FOR US, TO THE FATHER*

PRAYER – a spiritual and mindful communion with God.

## AT THE FEET OF THE MASTER

- PRAYER REVEALS:
  - John 16:13 But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.
- PRAYER BRINGS PEACE AND HEALING
  - John 16:33 “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”
- MAKES US HUMBLE
  - James 4:10 In-Context. 8 Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double- ...
- GIVES US PURPOSE
  - Philippians 4:6-7 Don't worry about anything; instead, pray about everything.
- GIVE US POWER
  - James 1:5 If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.
- BRINGS PROVISION
- BRINGS PROTECTION
- LEADS US TO PRAISE AND WORSHIP

## EFFECTIVE PRAYER HAS REQUIREMENTS:

Below are five texts with the conditions that Jesus gives.

1. [John 9:31](#)--“We know that God does not listen to sinners, but if anyone is a worshiper of God and does his will, God listens to him.”

(REVERENCE & OBEDIENCE)

2. [John 14:13](#)--“Whatever you ask **in my name**, I will do it, that the Father may be glorified in the Son.”

(IN ACCORDANCE WITH THE CHARACTER OF CHRIST)

3. [John 15:7](#)--“If you **abide** in me, and **my words abide** in you, ask whatever you will, and it shall be done for you.”

(MUTUAL COMMUNION WITH CHRIST)

4. [1 John 3:22](#)--"And we receive from him whatever we ask, because **we keep his commandments and do what pleases him.**"  
(OBEDIENCE)

5. [1 John 5:14](#)--"And this is the confidence which we have in him, that if we ask anything **according to his will** he hears us."  
(ACCORDANCE WITH THE WILL OF GOD)

## Praying in the Holy Spirit

Praying in the Spirit is mentioned three times in Scripture.

[First Corinthians 14:15](#) says, "So what shall I do? I will pray with my spirit, but I will also pray with my mind; I will sing with my spirit, but I will also sing with my mind."

[Ephesians 6:18](#) says, "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints."

[Jude 20](#) says, "But you, dear friends, build yourselves up in your most holy faith and pray in the Holy Spirit." So, what exactly does it mean to pray in the Spirit?

The Greek word translated "pray in" can have several different meanings. It can mean "by means of," "with the help of," "in the sphere of," and "in connection to."

Praying in the Spirit does not refer to the words we are saying.

Rather, it refers to how we are praying.

Praying in the Spirit is **praying according to the Spirit's leading**. It is praying for things the Spirit leads us to pray for. [Romans 8:26](#) tells us, "In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit Himself intercedes for us with groans that words cannot express."

Some, based on [1 Corinthians 14:15](#), equate praying in the Spirit with praying in tongues.

Discussing the gift of tongues, Paul mentions "pray with my spirit." [First Corinthians 14:14](#) states that **when a person prays in tongues, he does not know what he is saying**, since it is spoken in a language he does not know. Further, **no one else can understand what is being said, unless there is an interpreter** ([1 Corinthians 14:27-28](#)).

Praying in the Spirit should be understood as praying in the power of the Spirit, by the leading of the Spirit, and according to His will, not always as praying in tongues.